



Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority's Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Falls City School District #57
Key Contact Person for this Plan	Dennis Sickles/Micke Kidd
Phone Number of this Person	(503) 930-0378/(503) 881-7064
Email Address of this person	Dennis.sickles@fallscityschools.org Micke.kidd@fallscityschools.org
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Basketball
Intended Starting Date for this Plan Update	

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

Our school is currently in a hybrid model. We are offering in person instruction and for those who can't come in person we are offering CDL. We started this instructional model on March 1st. To view our hybrid instructional model in its entirety you may view the RSSL operational blueprint for school re-entry at fallscityschools.org.

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

We currently have four people in district that are trained to administer COVID-19 tests. One of those people is on the football coaching staff. We have tests on site. We will use the cohort tracing log to trace close contacts. Symptomatic individuals will be isolated following the procedures in Falls City High School's RSSL operational blueprint.

School testing administrators will wear the following components:

1. A disposable medical-grade surgical mask (an N95 respirator is not needed)
2. Reusable eye protection (goggles or face shield)
3. Disposable gloves.

Testers will keep a log of positive and negative test results and will report results to the OHA K-12 reporting portal.

Student and staff test results, both positive and negative, will be kept confidential. Student test results may be shared with the student and their legal guardian only. However, student and staff test results will be reported to public health, as required under ORS 433.004 and ORS 433.008. As outlined in the Ready Schools, Safe Learners guidance, schools must train staff on confidentiality requirements under FERPA, HIPAA and local policy regarding student and staff health information, including a COVID-19 diagnosis. All students must have written consent on file prior to COVID-19 testing; staff may give verbal consent at the time of testing. Staff are not required to have a consent form on file in order to be tested for COVID-19.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

We have been and will continue to use the COVID monitoring form provided. Coaches will fill out a contact tracing log at the beginning of each practice and maintain the log throughout practice. Weekly we will scan forms and place in a folder on our google drive where administration and support staff may access and be available to give to our LPHA at any time. When we have competitions, we will be sure to get the official's contact information as well.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor fullcontact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.

- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

We will distribute waivers to all players. Returned waivers will be kept on file at the school. Only players that return signed waivers will be able to participate in practices and competition.